

Premier Women's Care

Medications Considered Safe During Pregnancy

Allergies	Allegra Benadryl Claritin Zyrtec
Cold & Flu	Tylenol Cold & Flu Warm Salt Water Gargle Saline Nasal Drops or Spray Sudafed Neti Pot MucinexDM Actifed Robitussin DM Halls Lozenges Sucrets Lozenges Nice Lozenges
Diarrhea	Imodium AD Kaopectate
Headache	Tylenol Regular Strength
Heartburn	Gaviscon Nexium Pepsid AC Prilosec Tums
Hemorrhoids	Preparation H Anusol Tucks Witch Hazel
Nausea	Vitamin B6 & Unisom Combo
Rashes	Hydrocortisone Cream Caladryl Lotion Benadryl Cream Aveeno
Yeast Infection	Monistat 3-Day or 7-Day
Constipation	Colace 3x per day Miralax (as directed on bottle)